

X & Y COMMUNICATIONS

Get the new book “Deserve What You Want” in either electronic .pdf format or paperback and take the next step toward finding the lifetime relationship that others dream of. Click [here](#) to order.

Did a friend forward you this message? To receive this free newsletter on 21st century dating issues from X & Y Communications on a regular basis, simply send mail to joinnewsletter@xandycommunications.net.

Reader Questions And Comments

Beautiful, Cute Or Sexy

It is quite possible to be all three if you are a complex person, as well as, the situation a female may find herself in. I myself have been called all three, but I am not all three at any given time.

R – TX

As I've said before, “complexity” is not a bad thing. “Complex” is the opposite of “shallow”. A diamond, for example, is complex because of its many facets. It remains ironic to me how most who use the term “complex” as a derogatory descriptor tend to be rather shallow people.

You have every right to be proud of the fact that you are one of the rare individuals who can be beautiful, cute or sexy. You bring up an excellent point—that you have some personal control over which trait(s) you portray at any given time. Certainly your attitude, how you carry yourself vis-à-vis a particular social situation and how you dress (of course) can make all the difference.

By the way, there is NOTHING like a cutie-pie who ratchets up the sexiness when the time is right.

Keep up the good work. Remember, however, that there's much more to being the kind of woman a man wants to keep forever. Deserving what you want means being the “whole package”. Being a beautiful, cute, sexy package is a great start, though, admittedly.

Driving Men Crazy

Great newsletter. Now I will not complain about being called cute. I would much rather drive affection.

L – AL

I maintain the opinion that causing members of the opposite gender to instantly have the “warm fuzzies” for you is the most profound of the three emotions caused by being beautiful, cute and sexy respectively.

Merely eliciting visual appreciation, for example, is fleeting. As powerful as the animal desire for sex is (arguably the most powerful human emotion), I believe it is an empty chasing after the wind...especially without the warmth of affection behind it. On the other hand, however, I firmly believe that the affection cuteness causes is very, very often backed by strong sexual attraction when the object of our affection is someone whom it would be potentially appropriate to have a sexual relationship with.

As I've said before, cuteness RULES with me. And I don't think I'm alone.

Long Parades, Etc.

Anyway – I have often wondered about the kids part. You can tell a lot about a person and how they would fit in to your life if they met the kids first, but then of course for obvious reasons that isn't a smart idea – you don't want 50 million people to parade through your children's life, etc.

I bet other single parents out there are wondering the same thing. I know that the age of the children is a major factor in this type of decision. If you have great words of advice or other forms of wisdom you should share. I can't speak for others but I would appreciate it.

Take care,

R -- TX

Indeed. How the kids fit into your dating life and when / if to introduce them to people you date is a tremendous quandary for many single parents.

When I was finishing “Deserve What You Want”, I sent the proposed table of contents out to a select few people whose opinions I wanted regarding what, if anything, should be included that as yet wasn't.

One response I got simply read, “What about the kids?” That question became the title of a section in the book...one of the last two I wrote before publication.

My conclusion, which is elaborated upon in greater detail in the book, is that introductions to the children are best timed when you and the object of your affection have decided to conduct an exclusive relationship.

You are very right about how you can tell a lot about someone by how they interact with your children. My belief, however, is that the nature of what you learn there involves the sort of thing that's necessary to evaluate when considering a long-term relationship. When you are in an exclusive relationship,

the reason should be that the two of you are considering keeping each other around forever.

So, there seems to be a "Catch-22" there...shouldn't this stuff be figured out before I enter into an exclusive relationship? Here's my solution. When getting to know someone, take careful note of how s/he treats wait staff at restaurants, older folks, pets and / or their own parents (if they're around). From this, you will be able to somewhat accurately extrapolate what kind of person s/he is in general, which should translate nicely to how it will be when s/he meets the kids. Pay attention to how s/he reacts to other children in public also.

Clearly, if your date has kids of his / her own, the quality of the relationships there are very telling as well.

Great question...many thanks. I welcome ideas from other readers on this subject.

"Targeting" Women

McKay,

I have already read quite a few of the newsletters.

Reading the letter about having a great online profile reminded of a situation that I am CONSTANTLY faced with and have hardly EVER acted upon. I figured I would see what advise you may have. Here is the situation, quoted from your website...

"Have you ever been out running errands? You know, something really mundane--"when all of the sudden, maybe at the Target, someone catches your eye? She's kind of cute, but it's hard to tell what she's really like when she's pushing a cart around like that. I mean, being it's a public place and everything. She's a mommy all right, but you're just wondering what is under there. Should you meet her? Would she be friendly? Is she even single? While you are considering all of this, one of her two little boys starts "acting up", causing her to have to attend to him right then and there. But she calms him, and gives him a hug--showing him the kind of affection that just makes you even more curious."

Along with the questions that were asked in the scenario, here are a couple more.

How can you ask a TOTAL stranger in an unobtrusive but original way?

How do you keep from offending them IF they are seeing someone?

Thanks McKay,

S-TX

Thank you for your excellent question.

Before I answer it, I would like to address the women who are reading this: Take notice! Look at the kind of thoughts real, live men have when reading a profile

like this. The owner of this profile has set herself apart as highly desirable, hasn't she? Building this kind of curiosity in men who read the profile is EXACTLY the point of posting one in the first place, right? She has done this simply by relating to the kind of situation that many men find themselves in but seldom act upon.

Yes, you heard me correctly. You, sir, are NOT ALONE. I often hear from women that they doubt men ever have any trepidation about "hitting on them" because it happens so often. This leads some very beautiful women to believe that only a small percentage of men are actually interested in them. Nope. The truth is that only a small percentage of men have the emotional wherewithal to actually APPROACH them with interest.

This floors most women, and leaves most men thinking they are alone in how they feel.

The truth is that although most men fear FLAT REJECTION by women, it seldom happens in the real world. Really. Ladies, if you are reading this, give me a silent nod if you go out of your way not to be rude to a guy who has the guts to approach you with interest in a tasteful manner—even if you are "taken".

It's true. And here's another thing...in those rare instances where a woman you approach is downright rude, refer to the spirit of my answer in the previous question about gauging how someone will relate to kids—if she is that rude, you've saved yourself a LOT of trouble anyway, haven't you?

Don't miss here that the concept of offending her if she is "taken" is largely unfounded. How can you know if a woman is taken unless you ask? One caveat, however, which should be obvious: if she is wearing a bona-fide wedding ring and / or is hanging out with a man who is clearly her significant other, you are a certifiable I/J if you have designs on her. As I've written about in the new book, in such a case even if you somehow succeed in your arrogant, hurtful behavior, you and your new "honey" are BOTH cheaters and will invariably end up continuing your habits. That's the truth.

Finally, let me illustrate approaching a total stranger with a true story that happened last summer. I had very briefly met a friend of a friend about a month earlier, when I happened to see her at—of all places---Target. Now, this woman is very attractive, about five or six inches taller than I am, at least 15 years my junior...and MARRIED. Knowing all of this, I simply got her attention with one of those simple, light whacks on the shoulder with back of the hand. I said, "Hey!". Somewhat surprised, she turned to me, smiled brightly and said, "Hey!" back to me. I said, "Well, I guess even superheroes like you and I still have to hit the Target sometimes don't we?" She laughed, and continued the conversation. Quickly, I began to get a bit creeped out because she was showing clear signs of FLIRTING with me. Remember, this is a woman I'd NEVER consider a logical "match" for me—and a MARRIED one! So, I backed off a bit and said, well I gotta jett, be good. She looked at me somewhat confused, as if to wonder why I wasn't asking for her contact info. I said, "OK, well I'll tell [friend] you said hello." She looked at me with a confused countenance. "Um, who's [friend]" I don't have any friends with that name." I said, "aren't you Jennifer?" "Um...no...my name's Rosario." I looked at her finger...no ring. I laughed out loud.

Read that story again, looking in particular at how uncomplicated it was to approach this total stranger whom I would never in a million years had thought would be my type. Go thee and do likewise. And send me your success stories.

A Long Question With An Uncharacteristically Short Answer

Scot,

Let me tell you about a situation I was in with my ex-boyfriend. We are now best of friends, but he is still with this girl that I think is using him...for a place to stay without having to pay anything out of her pocket to stay there. How do I approach him about this and if I do is it even in my place to do so. He left me for her because he didn't like the baggage that I came with, but regardless of it, he fell in love with my kids and we made, deep enough, a connection that I can tell when he needs something and vice versa without having to say a word. He says that he truly cares about me and he is glad that we are friends. Both of us think of calling one another at the same time...I believe that we got so close that we created an unbreakable bond that no time or person can ever break. Do I want more? Of course, and maybe I am insane to be so close to him knowing that he has someone else. But I am still so in love with him that I would rather have him as a best friend than nothing else.

Something happened. After he broke up with me, and his girl found out that he was still talking to me, he pulled away from me because she told him to. After having to change my cell number and moving in to a new place (conveniently I was able to talk to him without her knowing it) Recently she found out that I was still so much a part of his daily life...I was afraid that I'd lose him again. But I didn't, instead he said, "Oh well, shit happens." She got mad because she heard my voice, but he didn't stop calling and he said he still wants to be friends, we just have to be careful how we go about it.

I know I'm not being fair to me, but I am stuck in a moment of fantasy. Maybe he is too. He said nothing is wrong with me, but I believe that this fantasy path he has in his mind has to be walked (find someone with no kids and has never been married and start fresh a family with them) There were many places in our past that we could've met one another, but for some reason I had to have something before I met him. I believe everything happens for a reason. Maybe the reason we both can't let go is because there's still a chance. If his dream path doesn't turn out the way he planned it in his mind.

NOTHING in our relationship has changed...It's as if we are still together, but this time, it's a secret we both live.

Tell me what you think....

Stuck in Unconditional Love -- CA

Please re-read the newsletter "Harem Builders". If you don't have it, I will be happy to send it to you. There is also a section in the book with that title (see p. 50).

Be Good,

Scot

Questions? Ideas? Comments? Send to questions@xandycommunications.net. Your feedback is welcome. If you like what you read, please feel free to forward the newsletter to others. That's how we build our audience!

Coaching sessions now available. Get the personalized training towards becoming one of the few who DESERVES what s/he WANTS, decides what that means in his/her life, and knows how to go about getting it. Drop a note to info@xandycommunications.net for more information.

Scot McKay is located in San Antonio, TX. He holds a B.A. in Christian Education.

X & Y Communications is dedicated to making you the most skilled participant in the dating world you can be, at whatever stage of life you are in. It's all about straight talk about the most creative subjects, somehow encompassing faith-based principles while being neither too shy nor too judgmental to hit the important things head on. The stuff you've heard a million times isn't rehashed around here. Enjoy!

Please also note that the information in this newsletter is for entertainment purposes only and is not intended to constitute professional advice.

©X & Y Communications, 2006 All Rights Reserved

www.xandycommunications.net

This email newsletter is a free service of X & Y Communications. It is never sent to those who have not asked for it. If you believe you have been sent this message in error, please respond and we will kindly remove you from our mailing list.